

October 2022

Volume 10, Issue 2

# The SB ADVisor

A newsletter of the Spina Bifida Association of the Delaware Valley



You can find us on Facebook at Spina Bifida Association of Delaware Valley

<http://www.sbadv.org>

You can find us on the web at: [www.sbadv.org](http://www.sbadv.org)



You can contact us at:

[info@sbadv.org](mailto:info@sbadv.org)



## SBADV is excited to be part of Book Club!

The network of Spina Bifida organizations across the country are launching two book clubs: One for

adults living with spina bifida and one for

family/caregivers of someone living with spina bifida.

Book clubs will take place via Zoom every other month on Thursday evenings at 7:30PM/EST.

We are kicking off our first meeting with Determined to Win by Jean Driscoll

who is joining us on 11/10/22!

You can purchase the book in the format of your choice.

Chapter leaders will facilitate the book club virtual session each month

and moderate a Q&A.

Please register here: <https://forms.gle/FqwavA9gBfBqJzuo7>

### Save the Dates:

**Oct. 1<sup>st</sup> thru 16th**

Virtual Walk n Roll

**Oct. 22nd**

Spina Bifida 5K Run,  
Walk or Roll

**October 2022:**

Spina Bifida Awareness  
Month  
&

Adopt A Ghost

**October 25th 2022:**

World Spina Bifida Day

**October 29<sup>th</sup> 2022:**

Johnson's Locust Hall  
Farm with A Kid Again

**Nov. 5<sup>th</sup>:**

Spina Bifida Education  
Day-CHOP

**December 2022:**

Advent Angel

## IT'S TIME for SPINA BIFIDA 5K!

Please join us for our 12<sup>th</sup> Annual Spina Bifida 5K Run, Walk or Roll

sponsored by Philadelphia Parks and Recreation in person on Saturday, October 22nd, 2022.

**Lloyd Hall**

**1 Boathouse Row**

**Kelly Drive**

**Philadelphia, PA 19130**

**Registration is now open!**

[2022 Spina Bifida 5K Run, Walk or Roll \(runsignup.com\)](https://www.runsignup.com)

# A Kid Again and SBADV Adventures



When a child diagnosed with Spina Bifida, we know it impacts the entire family. SBADV has recently partnered with A Kid Again-Philadelphia to enjoy year-round cost-free adventures to help bring smiles to the faces of kids, their siblings, and their parents. Make sure you enroll with A Kid Again, and then you can begin the adventures. A Kid Again website: [Enroll with A Kid Again | Cost-Free Events for Kids | A Kid Again.](#)

You can also find A Kid Again, directly on our events page at [www.sbadv.org](http://www.sbadv.org)

Our next adventure awaits you

**October 29<sup>th</sup> at Johnson's Locust Hall Farm**



## SPINA BIFIDA PROGRAM EDUCATIONAL DAY FOR PARENTS AND SB ADULTS

**SATURDAY, NOV. 5, 2022**

**8:30 a.m. – 5pm  
(Event will start at 9am)**

Roberts Center for Pediatric Research: **2714 South St., 1st Floor, Philadelphia, PA 19146**

This Spina Bifida Education Day is a special event for parents and caregivers hosted by the Spina Bifida Program and our specialty colleagues. Attendees will have the opportunity to gain experience about assorted topics specific to spina bifida, network with other parents and caregivers, and ask the clinical team questions.

**To Register** Please visit-

<https://www.eventbrite.com/e/spina-bifida-education-day-registration-400117350767>

### **For More Information or Questions**

Please contact Danielle D'Amico, RN, at 267-559-2663 or [damico@chop.edu](mailto:damico@chop.edu), or

Beverly Santiago at 215-590-2509 or [santiago@chop.edu](mailto:santiago@chop.edu).

## Advent Angel!!



In 2021, SBADV adopted 3 Spina Bifida families (11 individuals) to spread joy of Christmas to. There were Angels who were generous and made this happen. SBADV has decided to bring this event back in Lieu of a Holiday Party. SBADV is going to adopt 3 more families this holiday season to spread the joy of Christmas to!

We are looking for families that need assistance this year. If you know a family that could use a little extra help, or love to be an Angel, please reach out to Alicia Alphonse at [execdir@sbadv.org](mailto:execdir@sbadv.org).

## 2022 Phillies Night Out! Phillies VS. New York Mets



Thank you to all the families who came out to enjoy a fund night out on August 21<sup>st</sup>. Each child under the age of 14 received a Phillie Phanatic Pop! There was a little bit of a rain delay, but a great game overall. Cannot wait until next year!

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Editor:

Alicia Alphonse

Please send your news  
items and event pictures  
to: [info@sbadv.org](mailto:info@sbadv.org)

# UPDATED WAYS TO DONATE...

- **Venmo Donation and PayPal Donations**

SBADV is accepting donations through Paypal and Venmo.  
Please see the QR codes below.



- **AmazonSmile**

AmazonSmile is a simple way for you to support your favorite charitable organization every time you shop, at no cost to you. AmazonSmile is available at [smile.amazon.com](https://smile.amazon.com) on your web browser and can be activated in the Amazon Shopping app for iOS and Android phones. When you shop at AmazonSmile, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added benefit that AmazonSmile will donate 0.5% of your eligible purchases to the charitable organization of your choice. You can choose from over one million organizations to support.



The SBADV Board wishes to extend our sincere sympathy and condolences to the families of:

**Robert F. Grubb**

**and**

**Jack McBride**

**SPINA BIFIDA ASSOCIATION OF  
DELAWARE VALLEY**

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