

CHEERLEADING



South Jersey Storm Twisters

- Any age
- No restrictions
- Must attend tryouts before commitment
- Typically on Monday nights, optional Thursday night available
- Sewell, NJ
- Phone: 856-401-8111

TSC All Stars

- Special needs cheerleading team
- Any age
- Practice on Fridays
- Must be able to follow commands
- Delaware County, PA
- Email: gscallstars@gmail.com (link sends e-mail)

East Coast Nitros

- Based on interest
- No ongoing team
- Typically 5-6 people required
- Phone: 302-285-3222

BYC SPIRIT — Special Needs Cheerleading Squad

- Open to all children/young adults with mild to moderate physical and/or cognitive abilities
- Registration is free
- BYCspirit@gmail.com (link sends e-mail)