

PHILLY**FIT** Magazine Presents:  
**The 2nd PHILLYFIT 5K,  
 One Mile Family Fun Run/Walk  
 and Dog Walk**

*In conjunction with the 8th PHILLY**FIT** BASH*

**FREE ADMITTANCE TO THE BASH WITH  
 REGISTRATION TO THE PHILLY**FIT** 5K OR 1 MILE (\$5.00 SAVINGS)**



**Date:** Sunday, November 30, 2008

**Time:** 8:30 - Registration and packet pick-up  
 9:30 - 5K Run/Walk Run begins  
 10:10 - 1 Mile Fun Run/Walk and Dog Walk

**Location:** Bucks County Community College & Tyler Park  
 275 Swamp Road, Newtown, PA

**Awards:** Top 3 Men and Women Overall  
 Top 3 Men and Women in these age groups:  
 Under 11, 12-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44,  
 45-49, 50-54, 55-59, 60-64, 65-69, 70 & Older

**Cost:** Pre-Registration: \$20.00. Must be postmarked by Nov. 26, 2008.  
 \$25 if postmarked after November 26, 2008  
 Checks payable to: PhillyFIT Magazine  
 Mail to: PhillyFIT - 868 Central Avenue, Southampton, PA 18966  
**ONLINE REGISTRATION:**  
 PhillyFIT.com or Active.com - keyword: phillyfit

**\*\*T-SHIRTS TO ALL PRE-REGISTRANTS AND TO LATE ENTRIES WHILE SUPPLIES LAST\*\***

Certified course and professional timing company.

Complete results available online at PhillyFIT.com 48 hours after the race.

PHILLY**FIT**: Phone: 215.396.0268 • www.PHILLYFITMagazine.com • 868 Central Ave. Southampton, PA 18966

WAIVER: I know that running in a footrace is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any and all decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running participants, the effects of weather, including high heat and humidity or extreme cold, traffic and conditions of the road, all such risks being known and appreciated by me. Having read this waiver, I, for myself and anyone entitled to action on my behalf, wave and release PhillyFIT Magazine, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. Sunday, November 30, 2008

I grant permission to all forgoing groups to use any photographs, motion pictures, recordings or other record of this event for any legitimate purpose, without compensation.

NAME: \_\_\_\_\_

STREET ADDRESS: \_\_\_\_\_

CITY, STATE, ZIP: \_\_\_\_\_

PHONE: \_\_\_\_\_ E-MAIL: \_\_\_\_\_

MALE: \_\_\_\_\_ FEMALE: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_ SHIRT SIZE: YL S M L XL

RACE: 5K RUN/WALK \_\_\_\_\_ 1 MILE FAMILY FUN RUN/WALK \_\_\_\_\_ DOG WALK \_\_\_\_\_

SIGNATURE/DATE \_\_\_\_\_

PARENT CO-SIGNATURE (UNDER 18) \_\_\_\_\_