

January 2021
Volume 9, Issue 1

The SB ADVisor

A newsletter of the Spina Bifida Association of the Delaware Valley



You can find us on Facebook at Spina Bifida Association of Delaware Valley

<http://www.sbadv.org>

You can find us on the web at:
www.sbadv.org



You can contact us at:
info@sbadv.org

SBADV Has A New Website!

With a new mission and new look, we have released the new website. Head on over and check it out.

www.SBADV.org

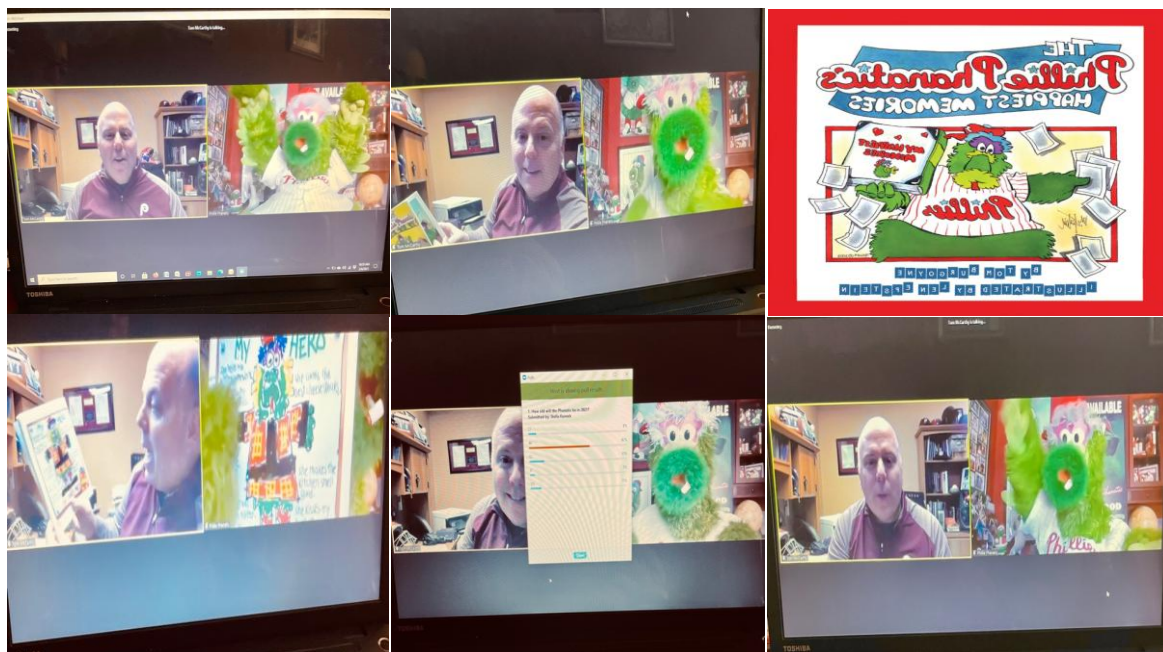
Storytime with the Phillie Phanatic and Tom McCarthy

Thank you for those who attended our storytime on Saturday, February 6th at 10:30am. We had a great time hearing stories about the Phillie Phanatic.

We learned about what he likes, how old he is, and his favorite moments.

SBADV is looking forward to having this event again soon.

Check out some photos from our virtual storytime with the Phillie Phanatic.



Save the Dates:

February 25th, 2021:

Virtual Peristeen and Bowel Management Presentation

March 1-5 2021:

Virtual Teal On The Hill

Aug. 27th - Sept. 2nd

Paralympics Watch Party

September 2021:

Hydrocephalus Awareness Month

Oct. 2nd – 8th:

Virtual Walk n Roll

Oct. 16th

Spina Bifida 5K Run, Walk or Roll

October 2021:

Spina Bifida Awareness Month & Adopt A Ghost

Join Us for A Free Webinar Bladder and Bowel Management

- **Presented By:** Coloplast
- **WHAT:** Karen Springs, RN Clinical Consultant for Coloplast will present about Bladder and Bowel Health as well as management and product options. We will also be joined by CHOP Urologist, Joy Kerr.
- **WHEN:** Thursday, February 25th, 6:00PM EST
- **WHERE:** Microsoft Teams Meeting
(Link Sent Upon Request)



Contact: Alicia Alphonse, execdir@sbadv.org or 610-446-1066
if you are interested in attending this session.

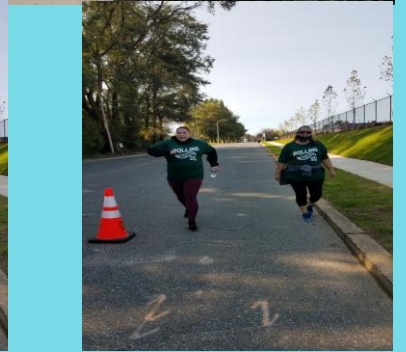
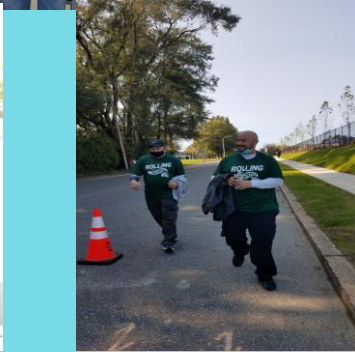


Adopt a Ghost!



Thank you to all those who participate in the event. SBADV raised \$235.00 from the event.

Virtual 5K Run, Walk or Roll 10/17/2020 – 10/25/2020



We'd like to thank our sponsors for supporting the SBADV annual 5k. With your help, we were able to raise \$13,540.00. Your sponsorship has helped the SBADV gained valuable tools and resources to support our SBADV community.

A special thanks to the volunteers from the Philadelphia Parks and Recreation staff for their help and support in planning and carrying out this event.

Platinum:

Gerald Kessler- Wells Fargo Advisors
Olde City Millwork

Silver:

Coloplast
Lakash

Mile Markers:

The Case Family
The Greenberg Family

We'd like to express our gratitude to all who supported this year's virtual Run, Walk, or Roll to support SBADV at our annual 5k fundraiser on October 20, 2019. Special thanks also go out to those families and organizations who organized teams for the event. Thank you for bringing your spirit, enthusiasm and support to the event! The teams participating in the event were:

Fearless Finn - The Herman Family

Rolling with Pedro – The Miranda Family

Sofia Sparkles – The Alphonse Family

The J-WalkErs – The Doughty, Rafter and Kadyszewski Families

Team Maeve- The Fitzgerald Family

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August 27th –
September 2nd
**Paralympics Watch
Party**

September 2021:
**Hydrocephalus
Awareness Month**

Oct. 2nd – 8th:
Virtual Walk n Roll

Oct. 26th
**Spina Bifida 5K Run,
Walk or Roll**

October 2021:
**Spina Bifida Awareness
Month
&
Adopt A Ghost**

October 25th 2021:
World Spina Bifida Day

Nov. 5th:
Virtual Wine Tasting

Editor:

Alicia Alphonse

Please send your news
items and event pictures
to: info@sbadv.org

Champion of the Community

The Spina Bifida Association of Delaware Valley has awarded Nancy Case with the Champion of the Community Award. Nancy Case has been a life-long advocate for those living with Spina Bifida. Nancy became involved with the Association because of her daughter Joanna, whom is living with Spina Bifida. Nancy wanted to continue giving her daughter a fun, safe place to go and ensured she can make friends that are going through similar things. Being part of the Board of Directors and continuously volunteering, Nancy always made sure families were contacted and included in programs. She has been a dedicated and passionate champion to the Spina Bifida Community for over 20 years.

The Alphonse family stated, “Nancy has been constant in our lives ever since our daughter’s participation with SBADV. Like many other families, we have been grateful for what Nancy has done to keep SBADV alive and help us join into a family that understands what we are going through. Nancy has always been there to explain programs, and support us when needed. She made us feel like we can do anything to raise our daughter. To never give up and ensured that we were not alone. Like us, Nancy has been there for so many families before us. She is truly dedicated in helping others and making sure they are supported and welcomed.”

SBADV thanks Nancy for all she has done for the Spina Bifida Community and the Association.

We are forever grateful!



UPDATED WAYS TO DONATE...

- **Venmo Donation and PayPal Donations**

SBADV is accepting donations through Paypal and Venmo. Please see the QR codes below.



- **AmazonSmile**

AmazonSmile is a simple way for you to support your favorite charitable organization every time you shop, at no cost to you. AmazonSmile is available at smile.amazon.com on your web browser and can be activated in the Amazon Shopping app for iOS and Android phones. When you shop at AmazonSmile, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added benefit that AmazonSmile will donate 0.5% of your eligible purchases to the charitable organization of your choice. You can choose from over one million organizations to support.





The SBADV Board wishes to extend our sincere sympathy and condolences to the families of:

Dory Shea

Juan Medina

and

James Shanahan

We are grateful for the donation to the Association made in their honor.

**SPINA BIFIDA ASSOCIATION OF
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