

SWIMMING



West Chester University: Department of Kinesiology

The Adapted Physical Activity Wednesday Night Program

The [APA Wednesday Night Program](#) has been a mainstay at West Chester University for 30 years. The program runs for 10 weeks in both the gym and pool. The fall semester focuses on adapted sport while the spring semester focuses on adapted physical education and adapted swimming.

Contact information

Dr. Monica Lepore

610-436-2516

mlepore@wcupa.edu (link sends e-mail)